



We offer:

- Modern nursery
- ECD registered pre-school
 - Cctv monitored
 - Baby Gym ®
 - Qualified staff
- Hygienic environment
- Healthy lunches included
- Covid-19 regulations in place

What to bring

- 5-6 nappies, wet wipes & bum cream
- spare set of clothes & a warm set
- light snacks
- 3 bottles with formula & a water bottle
- washable silicone bib
- blanket for sleep time
- soother - nunu, pacifier or blanki

Class Routine (times may vary for each child accordingly)

07:00 – 08:30	Arrival, free play & activity stations
08.30 – 09.00	Story time  Nappy Change 
09:00 – 09.30	Morning ring & welcome Circle time Literacy (flashcards) Numeracy (counting & numbers) Shapes & colours
09:30 – 10.00	Bottle Nappy Change
10:00 – 10:20	Break / outside play
10:20 – 11:00	Quiet time / massage / activity / play
11:00 – 11:15	Lunch 
11:15 – 12:00	Sleep
12:00 – 12:30	 One on One Activity (Arts & Crafts/sensory/practical)
12:30 – 13:00	Quiet time / massage Songs / Music / Movement 
13:00 – 13:15	Break / outside play
13:15 – 13:45	Bottle / Nappy Change
13:45 – 14:00	Free stimulation / crawling / play
14:00 – 14:30	Story time / games
14:30 – 15:00	Sleep
15:00 – 15:15	 Snack / Nappy Change
15:15 – 15:45	Break / outside play
15:45 – 16:15	Activity / sensory play
16:15 – 16:30	Free play
16:30 – 16:45	Story time 
16:45 – 17:30	Pack up time / tidy up / end of day

Menu

TIMES:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Early Bird Breakfast 07:00 – 07:30	Baby cereal	Baby cereal	Baby cereal	Baby cereal	Baby cereal
Lunch Week 1	Spaghetti in pasta sauce with vegetables	Toasted cheese sandwiches / mince and vegetables	Macaroni with chicken/tuna and vegetables in sauce	Rice with mince and vegetables	Pizza / chicken and vegetables
Lunch Week 2	Spaghetti in pasta sauce with vegetables	Toasted cheese sandwiches / mince and vegetables	Creamy chicken with vegetables	Rice tossed in roast meat gravy with juicy sausage and vegetables / veg sausage	Baked crumbed fish & corn or Veg pattie or Cheese puffs

*All meals are blended and may vary for each child individually

* vegetables may vary each week – carrots, sweet potato, broccoli, butternut depending on availability & meal